**My Spiritual Testament**

Through these pages, a discovery is made of the Foundational Charism of the Cursillos in Christianity Movement. Every word leads to contemplation of the “living water” that has flowed from this Charism. After 75 years, the water is still clear and life-giving because of its authenticity. It is a Charism that encourages people to encounter Christ in the normality of their life without leaving the environment where God has placed them. They discover a Christ alive, normal, and close to us. In this testament, the ideas that are the stronghold of the Essence, Purpose, and Mentality of the Cursillos in Christianity Movement emphasize that its method is FRIENDSHIP. This is the posthumous Spiritual Testament of Eduardo Bonnín, the author. He wanted to convey facts and motives that existed from the beginning of Cursillo with the intention that they would last. He also wanted to notarize this document so there would be no doubt about its origin and authenticity.

**Eduardo’s Thinking:** “With God at work in the sacraments, we gradually discover that living in Grace, despite all the ups and downs, adventures, and misadventures of life, that the most important thing in life is life itself. We are grateful that life is beautiful, people are important, and life is worth living. Since grace is creative, we have a way of seeing the same old things with new eyes.” (Pages 40-41)

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