



## POSTCURSILLO

By Miguel Sureda

Third phase of the M. de C.C. Precursillo-Cursillo-Postcursillo. Postcursillo is the most important of the three phases of Cursillo. It is not about things we have to do: it's about being (about living). What the postcursillo pursues is to make it simple, concrete and possible, for people to live what is fundamental for being a Christian, and to make this journey in the company of others. It is a question of facilitating the means, so that it is possible to live what we discovered in the Cursillo, in our daily life, on a personal and social level.

Bearing in mind:

A) The most important thing is the person (Not their circumstances)

B) The method is FRIENDSHIP (It is not a question of occupying spaces but opening processes "P. Francisco")

The post-cursillo is a channel and a means to live the "Joy of the Gospel", and share and spread it walking the journey in the company of others.

It's a Process of Conversion and Personal Growth, a Friendship Process with Everyone; an attitude, an approach.

What Means are being offered?

What is the *raison d'être* of the rollo "Cursillista beyond the Cursillo"? The Contact with Christ and Contact with the Brothers. Contact with Christ: through the Service Sheet.

Contact with the brothers: through the Group Reunion and the Ultreya (personal and social aspect). In the G.R. you will feel like a wave and at the Ultreya like the sea.

The School of Leaders and the Secretariat: regarded as service structures.

The Secretariat and the School of Leaders are not a watchtower to control, and dictate norms, (for others to fulfill). Their mission is to help, channel, promote and accelerate the whole process, by being at the service of others in the Movement.

Leaders must ACCOMPANY AND FACILITATE (and not hinder) the process of personal growth of the new Cursillistas.

What is really important is not what we are teaching others but what they are discovering.

It is not a question of giving "formation" to the new Cursillistas, it is a question of transmitting to them the desire to know and to learn, because in the normality of their lives, the leaders are and live - or it hurts them not to - fully conscious that we are loved by the Lord and that the Lord always loves everyone and loves everyone equally. And the fact of knowing this means that we are authentic, because we believe, and it's about faith.

And we need to believe only what we cannot know. We cannot know everything.

Faith is tantamount to sailing over a sea of doubts

Other events: Meetings, encounters, a new Pentecost... Must have the same purpose. (Living and living together) They should have no other purpose.

Group Reunion and Ultreya (Attitudes)

No one is more than anyone else (Neither paternalism nor victimism).

Scope: Coherence and authenticity through freedom,

That everyone fits in and that everyone can feel like being the protagonist of a friendship.

"To love someone, you don't need to ask for their resume. P-Francis.

Friendship Process: Where everyone feels like a full participant. (The Tree of Friendship)

Don't trade friendship for service.

THE ULTREYA: It facilitates everything, we are going to be friends, to live friendship, to enjoy friendship.

Let's go: to encourage people and encourage ourselves, to be enthusiastic and inspired, to give and to give ourselves. To receive and to share.

The Ultreya is the celebration of the encounter with ourselves.

Our Ultreya is made up of three parts.

(individual) Group Reunion (half an hour) men with men and ladies with ladies.

2nd part: The witness communal rollo, (about 15 minutes long with four or five responses from others. At the end, the rector will communicate if there are any Notices

3rd. part: Visit with the Lord in the tabernacle: The rector of the Ultreya proclaims the prayer and the petitions finishing with a singed “Our Father” holding hands and with a De Colores

We sincerely and most certainly believe that all that "Pious" "teaching" or whatever additions do, is to hinder and distort.  
**THE DURATION OF THE ULTREYA DOES NOT EXCEED AN HOUR AND A HALF**

The attitude in a person’s own G.R. and the one at the Ultreya must be the same, only the level of intimacy changes. ... (I have a problem at home...)

**TEMPTATIONS TO AVOID:** in the postcursillo

Politics

The money (Bernardino)

“Good Things” (Retreats, Lourdes)

We usually do not share at the Ultreya those pious acts that we engage in but which are not part of 4<sup>th</sup> Day activities pertaining to Cursillo.

To use generosity for other purposes.

Don't overwhelm Cursillistas with proposals or suggestions.

(No one likes to be converted, catechized or compromised.....)

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## LEADERSHIP TEAM

For the leaders, the Cursillo does not end with the Clausura

The most important thing is that through the friendship that began in the precursillo and especially at the Cursillo, the leaders need to help the new Cursillistas and facilitate their integration into this Christianity in Action that we have described before.

So as to maintain contact with the Cursillistas after the Cursillo, in the corridor work of the last afternoon of the Cursillo the new Cursillistas will already have been invited to go to the Ultreya, and also their interest in finding their own G.R. will have been aroused.

In the first Ultreya we give them the list of those who participated in the recently completed Cursillo and in the second Ultreya we give them, the group photo of the Cursillo, which will have been taken during the morning of the third day. In this way we know exactly who has not come and needs to be followed personally by one of the leaders after those two Ultreyas.

In the first Ultreyas at which the new Cursillistas assist, the leaders will endeavor to make an occasional group reunion with them, always inviting previous cursillistas and some veteran Cursillistas to join them, so that the new Cursillistas may get to know those who they will usually find at the Ultreya. It is appropriate that in those G.R. there is only one leader from the newly completed Cursillo.

Take advantage of the opportunity and encourage new Cursillistas to have personal contacts with them outside the Ultreya in order to deepen their friendship.

These encounters deal with the deepening of friendship and after a few weeks if we realize that the new friend wants to deepen and is insistent on looking for what he/she needs to do to continue being and living what he has found in the Cursillo, we can offer him what we call the “Individual Treatment.”

The Individual Treatment consists of scheduling seven personal meetings in which the topics contained in the book “Structure of Ideas” are discussed. They are given this special treatment to expose them to the possibilities that they have but not as an obligation to be fulfilled. The climate in these meetings has to be like everything in the MCC, a climate of friendship. In these meetings things go better if more than one leader participates, although the meeting and the presentation of the topic is always just for a leader and a Cursillista.

### Postcursillo Meetings

The leaders, together with the rector and, if possible, the priests, will meet weekly to coordinate and make the new Cursillistas’ integration as normal as possible: These meetings are held during the period necessary for the Cursillistas to find their way into the post-cursillo, if possible, until everyone has their own group reunion. Its duration depends on the number of Cursillistas and normally, the task of follow-up and accompaniment is assigned to those who during the Cursillo have been most intimately involved. These meetings are held until the rector and the leaders consider that the new Cursillistas are living their fourth day normally

We need to help them - without impositions or paternalisms - to discover new friends and to discover their G.R. if they haven't done it yet.

All this coming from friendship and with freedom.

It is a matter of continuing the process of friendship initiated in Cursillo, so that they may live what they have discovered in the cursillo, and live it together with others and transmit it with normality to others in their lives.

Leaders are there to facilitate, accelerate and accompany this process, trying to hinder it as little as possible.

### CONCLUSION:

It's not about going out to see what happens, it's about making things happen.

We can't share everything with everyone, but we can have an **ATTITUDE OF FRIENDSHIP WITH EVERYONE.**

We have the **POSSIBILITY** to meet them and make friends if we are **ATTENTIVE TO PEOPLE.**

**AND LIVE THE JOY OF THE ENCOUNTER**