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<th>Cursillo Manual Page #</th>
<th>New Pilgrim’s Guide Reference</th>
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| 1                      | 8:15 p.m. – Begin Retreat Phase (Chapel)  
|                        | 1st Meditation – *Know Yourself*  
|                        | Prayer after Meditation (PG. pg. 29)  
|                        | 8:45 p.m. – Way of the Cross (PG. pg. 107-120)  
|                        | 9:50 p.m. – Chapel – Prayer before Meditation (PG. pg. 27-28)  
|                        | 2nd Meditation – *The Prodigal Son*  
|                        | Prayer after Meditation (PG. pg. 29)  
|                        | 10:15 p.m. – Examination of conscience and Night Prayers (P.G. pg. 67-71)  |
| 3                      | 7:30 a.m. – Chapel – Morning Prayer (PG. pg. 19-23)  
|                        | Prayer before Meditation (PG. pg. 27-28)  
|                        | 3rd Meditation – *The Three Glances of Christ*  
|                        | Prayer after Meditation (PG. pg. 29)  |
| 4                      | 8:45 p.m. – Chapel – Examination of conscience and Night Prayers (P.G. pg. 67-71) and Confessions  |
| 5                      | 7:10 a.m. – Chapel – Morning Prayer (PG. pg. 19-23) The Saturday Devotion to the Blessed Virgin can be said here. (See Appendix 3)  
|                        | 7:30 a.m. – Prayer before Meditation (PG. pg. 27-28)  
|                        | 4th Meditation – *The Person of Christ*  
<p>|                        | Prayer after Meditation (PG. pg. 29)  |
| 6                      | 10:00 p.m. – Chapel – Examination of conscience and Night Prayers (P.G. pg. 67-71) and Confessions  |</p>
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| 7   | 7:30 a.m. – | Chapel – Morning Prayer ([PG. pg. 19-23])  
Prayer before Meditation ([PG. pg. 27-28])  
5th Meditation – *Christ’s Message to the Cursillistas*  
Prayer after Meditation ([PG. pg. 29]) |
| 8   | 5:45 p.m. – | Closing and **Apostolic Hour**                                                                 |
| 25  | 8:15 p.m. | *Prayer before Meditation* ([PG. pg. 27-28]).  
*Prayer after Meditation* ([PG. pg. 29]). |
| 8   | 8:45 p.m. | Way of the Cross – Led by the Rector(a) ([PG. pg. 107-120]).                                    |
| 25  | 9:50 p.m. | *Prayer before Meditation* ([PG. pg. 27-28]).  
*Prayer after Meditation* ([PG. pg. 29]).  
**NOTE**: If time allows, *The Luminous Mysteries* of the Rosary may be said here ([PG. pg. 57]). |
| 26  | 10:15 p.m. | *Examination of Conscience* and *Night Prayers* ([PG. pg. 67-71]).  
After the Meditation or the Rosary, as the case may be, the Rector(a) will announce: “Turn to page 67 of your *Pilgrim’s Guide* for night prayers and the examination of conscience,” |
| 27  | 10:30 p.m. | **Team Reunion.**  
The meeting should open with prayer ([PG. pg. 129]) and end with a chapel visit. |
<p>| 28  | 7:30 a.m. | <em>Morning Prayer</em> ([PG. pg. 19-23]). |</p>
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| 29    | The Rector(a) begins by saying: Please open your Pilgrim’s Guide on page 19.  

Prayer before Meditation (PG. pg. 27-28).  
Prayer after Meditation (PG. pg. 29). |
| 32    | 4:45 p.m.  
Rosary – Sorrowful Mysteries (PG. pg. 58). |
| 33    | “Pope Paul VI, in the Apostolic Exhortation ‘Marialis Cultus . . .’”  
| 35    | 8:45 p.m.  
Night prayer is in the chapel, led by the Rector(a) and an examination of conscience is included (PG. pg. 67-71). |
| 37    | 7:30 a.m.  
Prayer before Meditation (PG. pg. 27-28).  
Prayer after Meditation (PG. pg. 29). |
| 39    | 8:00 p.m.  
Rosary (Joyful Mysteries – (PG. pg. 57) and Visit to the Blessed Sacrament. |
| 40    | 10:00 p.m.  
Chapel – Night Prayers Examination of conscience (PG. pg. 67-71) and Confessions. |
| 41    | 7:30 a.m.  
Chapel – Morning Prayer (PG. pg. 19-23).  
Prayer before Meditation (PG. pg. 27-28).  
5th Meditation – Christ’s Message to the Cursillistas (Given by a Spiritual Advisor).  
Prayer after Meditation (PG. pg. 29). |
| 44 | After the witnesses, we will share the Apostolic Hour\(^1\) (PG. pg. 75-94). After the Personal Reflections, the “Closing” and the “Apostolic Hour” is explained to the participants by the Rector(a).

- At the Closing, we will share the “Apostolic Hour” together with some of the Cursillistas who were doing Palanca for us.

5:45 p.m.

- **Apostolic Hour** (PG. pg. 75-94).

The Service Sheet and Carnet along with a Crucifix will be given to each candidate by the Spiritual Advisor at the Closing after the Apostolic Hour. (The chapel visit is postponed until the Apostolic Hour at the end of the “Closing.”)

| 45 | 6. We will conclude with the Exposition of the Blessed Sacrament and the Apostolic Hour (PG. pg. 75-94).

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\(^1\) The new Pilgrim’s Guide uses Apostolic Hour instead of Apostolic Commitment Service