



## The Challenge

- ✿ Are you looking for a more fulfilling, peaceful, and joyful life?
- ✿ Do you wish to have a closer encounter with God?
- ✿ Do you want to meet others with whom you can share your journey of faith?
- ✿ Do you want to share the good news of God's love with others around you?

You are invited to seek a deeper relationship with God, with self and with others within the framework of a supportive Catholic community.

## Begin with a Great weekend

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*The 3-Day Cursillo weekend is a joyful workshop on the fundamentals of our Catholic faith and the value of becoming a member of a living Christian community.*

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The 3 days are joyful and are interspersed with music, laughter, meditations, and discussions to help you experience your faith more deeply, and encourage a spiritual life that is more fulfilling and peaceful.

Weekends are typically held twice a year. Starting on Thursday night into Sunday afternoon, a team of lay people and spiritual advisors will guide you by sharing their personal witness through a variety of topics and discussions. For example:

- ✿ The power of a more prayerful relationship with God and His people.
- ✿ The importance of the Sacraments.

The Sacraments of the Eucharist and Reconciliation are available during the weekend.

## Your 4<sup>th</sup> Day is First

The after activity of the Cursillo weekend is known as the **Fourth Day**. Your Cursillo community is available to support you to persevere in your journey of faith.

## How to walk on your 4<sup>th</sup>-Day?

- ✿ Group Reunion is a gathering of 3-6 friends that meet regularly and share their journey through piety, study, and action.
- ✿ Ultreya is a larger gathering that builds the Christian Community beyond the Group Reunion. The participants share their life in Christ and their witness inspires others in their journey.



*Peter denied Jesus three times before the rooster crowed.*

## What is Cursillo?

Cursillo means “short course” in Christianity.

It is a lay movement of the Catholic Church that started in Majorca, Spain in the 1940's. The first Cursillo in the U.S. was in Waco, TX in 1957. The founders of Cursillo were dedicated to helping people know Christ better, and to give the laity a renewed spirituality and a better understanding of how God works within us.

- Cursillo provides a method to help sustain and nurture you in your Christian journey.
- Cursillo develops an awareness of the power of the Holy Spirit at work within us.
- Cursillo revitalizes your world and helps you live Christian values within your environment.

## How to participate?

To participate you will have a sponsor who is a Cursillista, a person who has lived a Cursillo. Cursillo is the friendship among people. The sponsor will help you on the weekend, will answer any questions you may have, and will help you find a Group Reunion and Ultreya closest to you.

**Don't have a sponsor? No Problem!**

Call us and we will arrange for someone to be your guide and sponsor.

### Contact Us

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or visit us at:

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## *Cursillo Builds on a Firm Catholic Foundation*

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- Focused prayer life
- Better relationship with God
- Faith shared in friendship

**DISCOVER A 3-DAY  
WEEKEND AND  
YOUR 4<sup>TH</sup> DAY  
TO ENRICH YOUR  
LIFE FOREVER**

*NEW YORK CURSILLO (ENGLISH)*