

## Cursillo Builds on a Firm Catholic Foundation



Join us for a:

- More Focused Prayer Life
- Better Relationship with God
- Faith Shared in Friendship

**DISCOVER  
A 3-DAY WEEKEND  
WHICH WILL ENRICH  
YOUR LIFE FOREVER**



**NEW YORK CURSILLO - ENGLISH**

## What is Cursillo in Christianity?

Cursillo is a Spanish word that means "short course" in Christianity. It is a lay movement of the Catholic Church that started in Majorca, Spain in the 1940's. The first Cursillo in the U.S. was in Waco, TX in 1957. The founders of Cursillo were dedicated to helping people know Christ better, and to give the laity a renewed spirituality and a better understanding of how God works within us.

- Cursillo develops an awareness of the power of the Holy Spirit at work within us.
- Cursillo provides a method to help sustain and nurture you in your Christian journey.
- Cursillo revitalizes your world and helps you live Christian values within your environment.

**New York is blessed to have both  
an English and a Spanish  
Cursillo Movement.**

## The Cursillo Weekend

The three days are filled with music, laughter, meditations, and meaningful discussions. The days are designed to help you delve deeper into your faith and cultivate a spiritual life that is both enriching and joyfully fulfilling. Cursillo weekends are typically held twice a year. They offer a unique opportunity to pause and reflect during the constant demands and busy nature of our daily lives. The weekend begins Thursday evening and concludes Sunday afternoon and offers a precious opportunity for self-discovery and spiritual growth. Throughout this journey, you'll be guided by a compassionate team of lay people and spiritual advisors who will share their personal stories and insights on various topics, including the power of prayer, the significance of the Sacraments, and much more. Come experience the warmth and camaraderie of our community as we explore together the wonders of faith, love, and fellowship. The Sacraments of the Eucharist and Reconciliation are available during the weekend, enriching your spiritual journey even further.

We can't wait to welcome you to this amazing and transformative experience!



## Your 4th Day

The Cursillo Weekend is a 3 day experience. Your "4th Day" begins after the Cursillo weekend is completed. Your Cursillo community is available to support you in persevering in your journey of faith.



## HOW TO PERSERVERE ON YOUR 4th DAY

Cursillo offers 2 essential components to help you continue to grow your faith and live in grace.

- Group Reunion is a gathering of 3-6 friends that meet regularly and share their faith journey through piety, study, and action.
- Ultreya is a larger gathering of friends that builds the Christian Community beyond the Group Reunion. The participants share their life in Christ and their witness inspires others in their faith journey.

## The Challenge

- Are you seeking a path to a more fulfilling, peaceful, and joyful life?
- Do you wish for a closer connection with God?
- Do you want to meet others with whom you can share your journey of faith?
- Are you eager to spread the good news of God's love to those around you?

If so, we invite you to a Cursillo Weekend. Come embark on a journey of discovery and growth within the warm embrace of our Catholic Cursillo community.

The 3-day Cursillo weekend is not just a "short course" in Christianity; it is a celebration of the fundamentals of our Catholic faith and the profound value of belonging to a vibrant Christian community.

At the heart of Cursillo is Christian friendship. It is through Christian fellowship that we embark on a journey to deepen our connection with God.

## How do I register for a Cursillo Weekend?

To participate you will need to have a sponsor. A sponsor is a person who has already lived a Cursillo Weekend. The sponsor's role is to answer any questions you may have. They will give you an application and accompany you to the weekend. After the weekend, they will help connect you to a local Ultreya - your new Christian Community who will be there to support you in your faith journey.

**Don't have a sponsor? No Problem! Call or email us and we will arrange for someone to be your sponsor and guide you through the process. For more information visit our website: [www.natl-cursillo.org/newyork/](http://www.natl-cursillo.org/newyork/) or Contact Us:**

Contact: Gloria Golia  
ANGGO2@aol.com  
914-906-7870